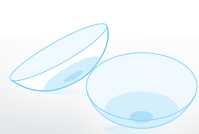


# CONGRATULATIONS!



synerg<sup>eyes</sup><sup>®</sup>  
multifocal  
ageless vision near and far™

You have just been prescribed one of the most technologically advanced contact lenses to correct both your near and distance vision simultaneously!



## Things to Expect

**A**s you begin wearing your lenses, you should expect a brief period of adaptation to become fully accustomed to the new optical system, the feel of the lenses, and the lens handling and care routine.

### *Adaptation to Simultaneous Vision*

#### What is simultaneous vision?

*SynergEyes® Multifocal* contact lenses allow light rays from all distances to enter your pupil simultaneously. Your eyes must learn to select the desired image at the proper time. Until you have adapted to the simultaneous vision system, you may experience 3-D vision, shadows, or blurring when performing tasks that require near vision.

#### What does simultaneous vision look like?

As demonstrated below:

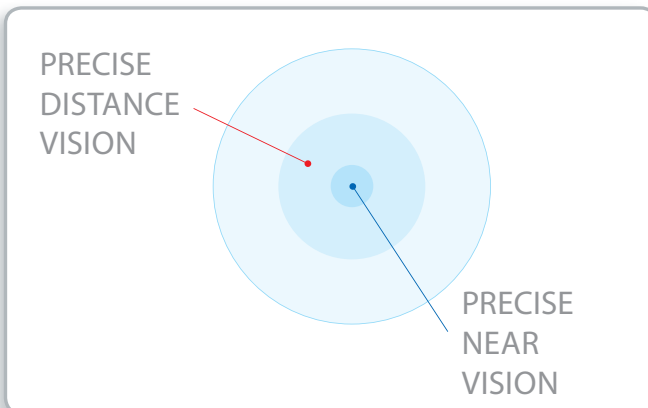
Printed words may appear to come off the page, or you may notice shadows around objects at near.

## How long will I see this way?

Your visual clarity will be optimized after you have worn your lenses for a short time and have fully adjusted to the benefits of simultaneous vision. Some people adapt to the simultaneous vision system immediately, while others experience 3-D vision, shadows, or ghosting. It is important to wear your new *SynergEyes*® *Multifocal* lenses for one to two weeks in order to allow yourself to learn how to use the new optical system. Your eye care practitioner may recommend a wear schedule customized for you.

## Adaptation to the Feel of the Hybrid Lens

Because *SynergEyes*® lenses are different from other lenses you've tried, there may be a period of adaptation to get used to the feel of the lens. Once you are accustomed to the new design, your *SynergEyes*® *Multifocal* lenses will provide comfort similar to a soft contact lens.



## Instructions for Lens Care

Inserting, removing, and caring for SynergEyes® lenses is different than handling and caring for soft or “hard” lenses. Your eye care professional will review the following instructions with you before sending you home with your new lenses.

A clinical study examining the compatibility of SynergEyes lenses with different lens care solutions showed that peroxide-based systems provide the best overall wearing experience. Based on these study results, SynergEyes highly recommends:

- CIBA Vision’s Clear Care® or
- AMO’s Oxysept® UltraCare® Formula Peroxide Disinfection System

For a complete list of solutions that are approved for cleaning and storing SynergEyes lenses, visit [www.synergieyes.com](http://www.synergieyes.com).



*The recommended replacement schedule for SynergEyes lenses is every six months.*

# Cleaning Instructions

Be sure to clean your SynergEyes® lenses daily.

- Each day after you remove your lenses, you must digitally clean them prior to overnight storage.
- For rinsing your lenses, use only a preservative-free saline solution such as Unisol® 4. Never rinse or store your lenses with tap water.
- Place the lens bowl-side up in the palm of your hand and apply a few drops of saline.
- With the pad of your finger gently rub the entire lens in a circular motion against the palm of your hand. Be sure to thoroughly clean the entire lens and then rinse it well in a steady stream of saline.
- For disinfection use either Clear Care® or Oxysept® Ultracare® disinfection systems. Be sure to use the appropriate neutralizing disc or tablet and soak the lenses for a minimum of 6 hours before inserting again.
- Always use fresh solution when storing your lenses. Never “top off” or use old solution.



*Always follow your eye care professional's instructions.*

## Instructions for Insertion

Wash your hands with a mild, lanolin-free soap and dry with a clean, lint-free towel before handling lenses. To reduce the risk of switching your lenses, practice handling your lenses in the same order.



- Stabilize the lens between your index and middle fingers and fill the bowl of the lens with non-preserved saline.



- Lean forward and tuck your chin to the chest. The nose should be pointed towards the floor. It may be helpful to place a mirror flat on the counter and look into the mirror as you insert the lens.



- Using your other hand, reach from above and place your finger at the base of your lashes. Pull the upper lid back.



- Using your ring finger on the hand holding the lens, pull down your lower lid and insert the lens.

## Instructions for Removal

**Do not put any lubricating drops or solution into the eye prior to removal.** It is important to **be sure your hands are completely dry before attempting to remove your lenses.** This will optimize the gripping effect of the fingers on the edge of the lens.

- Make the “OK” sign with your thumb and forefinger and turn your hand until the circle is vertical.



- Looking straight ahead, or slightly up, place the pads of your fingers on the very bottom edge of the soft skirt of the lens at the 6 o'clock position.



- Using the pads of your fingers, not your fingernails, apply a gentle inward pressure for a two-count and then pinch the soft lens skirt. Slowly pull the bottom edge of the lens away from your eye.



- If your fingers become wet from removing the first lens, be sure to completely dry them again before removing the other lens.



